



Art Sphere Inc.
Transforming Lives Through Art
STRENGTHENING OUR COMMUNITIES SINCE 1998

EXPLORING WOMEN ARTISTS

for ages: 11-18



Lessons by Maritza Lohman
Illustrations by Blair Nakamoto



TABLE OF CONTENTS

i	Introduction
ii-iii	Preface
iv-v	Glossary
1	Lorna Simpson
2	Alma Thomas
3	Frida Kahlo
4	The Princess of Polka Dots: Yayoi Kusama
5	Laurel Burch
6	Elizabeth Catlett
7	Walt Disney's Favorite Artist: Mary Blair
8	Lyubov Popova
9	Kara Walker
10	Julie Buffalohead
11	Camille Claudel
12	Minnie Evans
13	Esther Huser
14	Beatriz Milhazes
15	Jenny Morgan
16	Swoon
17	Bridget Riley
18	Mary Cassatt
19	Adriana Varajão
20	Shantell Martin
21	About Us



Lorna Simpson inspired portrait
Lesson on page 1



Exploring Women Artists

Each lesson in this book is dedicated to a woman artist, spanning various art movements, countries, time periods, and personal styles. Each lesson focuses on one woman and explores her life, her artistic style and medium, examples of her art, and an accompanying project inspired by her artwork using materials you can find at home!

This book discusses a wide range of topics in art, from visual aesthetics to culture, gender, history, sexism, and racism. Because of these diverse learning topics, instructors will find content suitable for students of different ages. Younger students may enjoy the lessons on abstract art where they can make vibrant, colorful works. Older students may enjoy learning about the social message and cultural relevancy of the art and can make works inspired by what they learn. It is recommended that instructors and parents review lessons and their respective artists before sharing with a student or child. We invite the instructor or parent/guardian to explore other lessons on our website to better meet the learning goals and needs of the students.

Please note: *These lessons are supplemented by (but do not all require) materials accessible through a computer or phone, a printer, and the Internet. A parent or guardian's permission is advised for lessons requiring Internet usage, especially for social media lessons.*

Introductory video: <https://www.youtube.com/watch?v=wnl95wTE5fU&t=3s>

Full video series:

<https://artsphere.org/interactive-programs/classes/exploring-women-artists/>



Art Sphere Inc.
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CREATING JOURNEYS THROUGH THE ARTS

Follow your creativity and go beyond where the path leads so you can leave a trail to inspire others to express themselves, too!

Preface

We are pleased to present *Exploring Women Artists* to take you on a path to transform everyday materials into art, to explore the intersections of art with nature, literacy, technology, theater, music, mindfulness and STEAM and to learn how to use the arts to express your core values. Throughout this journey, we invite you to reflect on the legacy that can be created through the arts.

How to Use Our Online Materials and This Book

Not everyone learns the same way. Some people are more visual, some more musical, some more mathematical¹. Our lessons include symbols at the top of each page that indicate the different learning styles to be found in each project. By pointing out the different ways that a project can be approached, parents and teachers can guide their children to their individual paths to artistic success and ways to express their unique creative voices. The different learning styles and the symbols used to represent them in this book include:



Literacy and Verbal-Linguistic
(using words effectively)



Recycling and Naturalistic
(responding to nature)



Technology and Logical-Mathematical
(reasoning, calculating)



Health and Intra-personal
(understanding one's own interests, goals)



Theatre and Bodily-Kinesthetic
(using the body effectively and creatively)



Musical-Rhythmic
(sensitivity to rhythm and sound)



Multicultural and Interpersonal
(understanding, interacting with others)

¹ These learning styles are based on Howard Gardner's discussion of types of intelligences. For more detail, see: Howard Gardner, *Frames of Mind: The Theory of Multiple Intelligences* (New York: Basic Books, 1983).



The lesson plans are more than just making art objects. They incorporate ideas such as compassion, mindfulness, respect for nature, healthy eating, cooperation, and other ideas for living in a way that contributes to a civil society. The pages are laid out as if you and the class are taking a journey:

- **Your Destination:** summarizes the outcome of the project
- **Travel Kit:** list of materials you will need for the project
- **On the Path:** ideas and directions for each child to make an art object, and ideas to explore
- **Group Tour:** how to transform the individual process into an interactive and collaborative group experience
- **Extend your Journey:** vocabulary, helpful references, and links to explore additional ideas

Find ways to express yourself - it's okay to think outside the box!

Knowing that links sometimes become inactive or are changed is beyond our control, and we apologize for the inconvenience. Please check our blog and Instagram: <https://artsphere.org/free-resources/curriculum/> <https://instagram.com/artsphereinc/> for more suggestions on creative art projects. All the referenced links in this book have been checked for accuracy.



Yayoi Kusama
Lesson on page 4



Abstract Art that uses colors, lines, and shapes which are not supposed to directly represent objects or images of everyday life.

Anthropomorphic Animals that have human-like characteristics; they act like humans and dress like humans. Disney and other animated films often use anthropomorphic characters in their movies.

Arabesque A pattern of geometric shapes or lines often used to decorate walls.

Architecture The design of buildings.

Art advisor Someone who advises or suggests what art to buy and sell.

Azulejo Glazed tiles used most commonly in Spanish and Portuguese architecture.

Bronze A metal often used to create sculptures; it has a yellowish-brown color.

Coaster A small tray or mat you put under a glass or bottle to protect the table underneath.

Collage Art made with a combination of many things by sticking and/or overlapping different materials onto a background.

Colonization When one country takes control of a group or settles down in another place.

Color schemes A combination of colors.

Compass Measuring tool used to make circles.

Concept art A form of illustration that is used to show ideas for movies, video games, animation, comic books, and more.

Cubism An art movement that uses flat, two-dimensional surfaces, cubes, and other geometric shapes to show all possible viewpoints of a person or object at once. It is most famously used by Pablo Picasso.

Cubo-Futurism A Russian art movement that uses Cubism but with a focus on movement.

Cross hatching An artistic technique that creates the effect of shading by drawing close lines in different directions.

Depiction Show or describe.

Fantastical Something or someone magical, unrealistic, imaginative, bold, or outrageous.

Fatal Causes death.

Feline A cat or member of the cat family.

Frolic A playful action or movement.

Gestural lines Lines that help capture movement.

Gradual Moving or happening slowly and step-by-step.

Hallucinations Seeing or hearing objects, people, or experiences that are not real.

Hatching An artistic technique that creates the effect of shading by drawing close parallel lines.

Horizon line The seeming line between the earth and the sky.

Impressionism An art movement that does not try to paint a realistic picture of what the artist is looking at, but instead tries to paint the "impression" of it, including movement and the light before their eyes. Impressionist painters use bright colors and small, visible brush strokes.

Indigenous Americans Also called American Indians--people who originated from America prior to European settlement.

Installation Large scale, three dimensional works of art in rooms or other sites that transform a space.

Landscape The visible features of the land.

Linocuts A design or form carved out of a block of linoleum, which is a thick and rubbery material.

Marble A rock often used to make sculptures; usually a white color.

Medium The materials or supplies to create a work of art.

Mimesis Representation or imitation of the real world in art and literature.



Mosaic A decoration on a surface made by setting small pieces of glass, stone, or tile of different colors into another material to make patterns or pictures.

Multimedia Using multiple different materials, or mediums, to create one piece of art.

Negative space The space around and between the subject(s) of an image.

Ombre Colors or tones that fade into each other.

Op Art Short for Optical Art, or art that messes with the way the human eye sees things; art that appears to be moving or blurring.

Optical illusions Images that play tricks on the eye; they often make us think we are seeing something that is not actually on the page.

Osteoporosis A medical condition in which the bones become fragile and very easily breakable.

Pastel colors Soft, pale colors.

Photorealism Type of art that uses a photograph and re-creates the image as realistically as possible using other materials like painting or drawing.

Printmaker An artist who uses printmaking, or transferring an image from one surface to another, to make art.

Prints A copy of a piece of art, not the original.

Realism An art movement that seeks to portray things as accurately as possible.

Realistic Detailed and accurate representation of the subject matter.

Self-portrait A painting or drawing that the artist makes of themselves.

Silhouette An outline of someone or something that is filled with a dark, solid color; shadows are an example of a silhouette.

Solid color The same color all over; no patterns, blank spots or other colors.

Sponsor Someone who helps an artist succeed in different ways; they can support the artist's work, pay for paintings to be made, buy them art supplies, and more.

Street art An art movement where people create art in public areas that can be seen by anyone. This can be on the side of a building, sidewalk, street, billboard, and any other public places.

Suprematism An art movement focused on basic geometric forms, such as circles, squares, lines, and rectangles, that are painted using only a few colors.

Varying Different.

Vibrant Full of energy, cheery, bright.

Warm colors Colors associated with heat and emotions like excitement, anger and frustration; red, yellow, orange and pink.



I. LORNA SIMPSON

Travel Kit:

Lorna Simpson handout (in Resources and Visual Aids below), something to draw/paint or collage with

Your Destination:

Lorna Simpson is a Black photographer and multimedia artist based in New York whose work questions identity, gender, race, and history, with a focus on Black women.

Simpson makes art using various mediums, and in the past few years she has focused specifically on hair. Using her photographs of Black women from the neck up, she crops out their hair and replaces it with abstract hairstyles that she creates with paint and collage material.

On the Path:

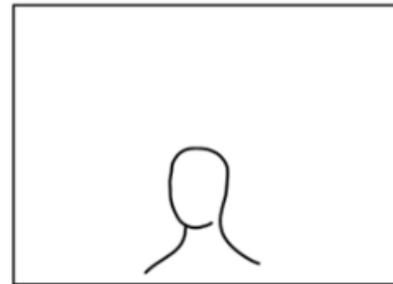
Step 1 Take a look at some of Lorna Simpson's work using the links below. After looking at some of her work, decide how you want to create your own abstract hair. The point is that it does not look like hair, so be creative. You can use vibrant paint like Simpson, find images or lettering from newspapers or magazines that you glue onto the paper, or use markers, crayons, or colored pencils to create patterns and anything else you come up with.

Step 2 Gather the materials you need to create the "hairstyle" you decided on. There is space to give the woman on the handout an abstract and creative hairstyle. Feel free to draw a face as well.

Lorna Simpson

Lorna Simpson is an African American photographer and multimedia artist based in New York, whose work questions identity, gender, race and history, focusing mainly on African American women.

Design/create your own hair below!



linked below for printing

Group Tour:

Teach your friends and family about Lorna Simpson. Tell them what you like most about her work, and ask them what they think.

Extend the Journey:

If you like, print out a picture of yourself, a friend, family member, or famous person. Cut off their hair, so you can make a Lorna Simpson inspired piece for them. Once you print out the picture, glue it onto a piece of paper and create the hair of your choosing.

Learn New Vocabulary: multimedia, medium, abstract, collage, vibrant

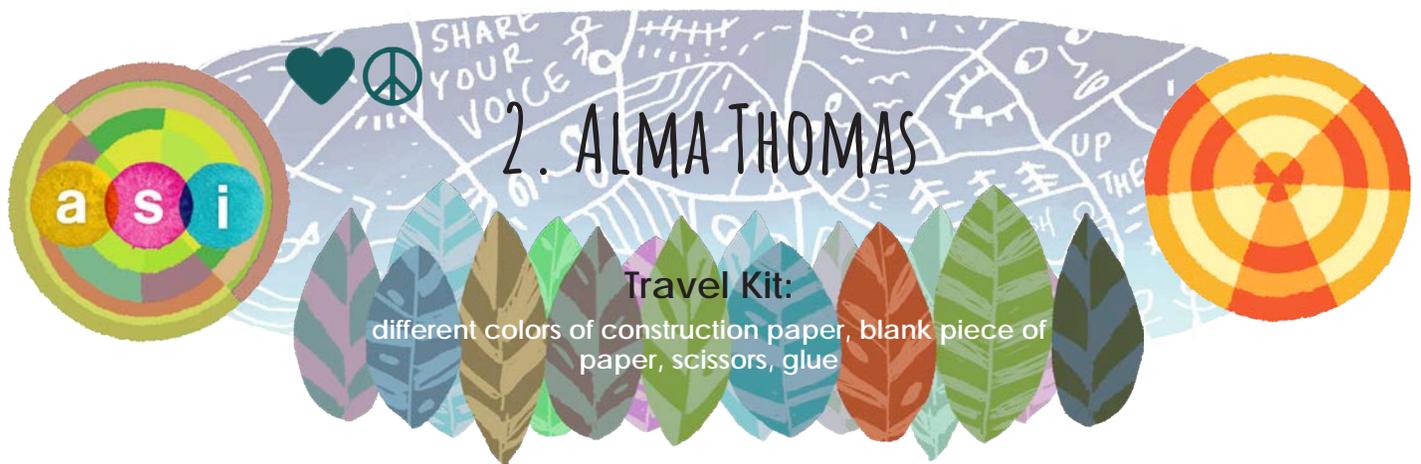
Resources and Visual Aids: Access our blog post, Abstract Hair Like Lorna Simpson: <https://artsphere.org/blog/abstract-hair-like-lorna-simpson/>

Lorna Simpson handout: <https://artsphere.org/wp-content/uploads/2020/06/Lorna-Simpson-Handout.pdf>

Learn more about Lorna Simpson: <https://bit.ly/3m3Ql6q>

Access Our Instructional Video: <https://www.youtube.com/watch?v=PCkRtlh6iYQ>

Our Full Video Series: <https://artsphere.org/interactive-programs/classes/exploring-women-artists/>



Travel Kit:
different colors of construction paper, blank piece of paper, scissors, glue

Your Destination:

Alma Thomas was a Black woman born in 1891 in Georgia. She moved to Washington, D.C. later in life, and in 1924, became Howard University's first fine arts graduate. She continued to make art into her eighties, until she passed away in 1978.

Thomas used rectangular paint strokes and arranged them in her paintings to resemble mosaic. She was inspired by nature, light, and shadows.

Today, use collage to create your own abstract art inspired by Alma Thomas' many paintings.

On the Path:

Step 1 Check out some of Alma Thomas' work using the link below. What do you like best about her work? What sticks out to you?

Step 2 Decide what kind of design you want to make. Is it going to be a landscape like Alma Thomas'? A flower? Colorful rings?

Step 3 Cut strips of construction paper in the colors you will need, and cut them into small rectangles.

Step 4 On a blank sheet of paper, arrange your pieces of construction paper in the design you decided on, and glue them down.

Group Tour:

Teach your friends and family about Alma Thomas. Tell them what you like most about her work. What do they like most about her work?

Extend the Journey:

Use chalk and create an Alma Thomas inspired artwork on the sidewalk.

Learn New Vocabulary: negative space, collage, mosaic, abstract

Resources and Visual Aids: Access our blog post, Alma Thomas:
<https://artsphere.org/blog/alma-thomas/>

Learn more about Alma Thomas' life and her art:
<https://nmwa.org/blog/artist-spotlight-alma-thomas/>

Check out Alma Thomas' artwork: <https://www.artsy.net/artist/alma-thomas/works-for-sale>

Access Our Instructional Video: <https://www.youtube.com/watch?v=U3-SLfANTY8>



Your Destination:

Frida Kahlo was a Mexican painter who lived from 1907-1954. She began painting at age 18 while recovering from a near-fatal bus accident. She has a relatively small collection of paintings, many of which are self-portraits. Kahlo painted her own reality, and many of her paintings reflect her struggles with physical and emotional pain throughout her life.

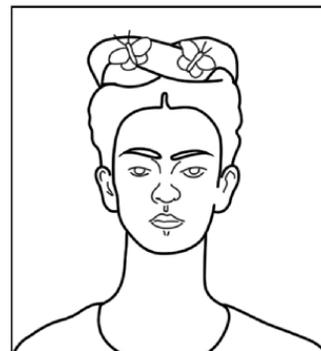
On the Path:

Step 1 With a parent or guardian’s permission, research some of Frida Kahlo’s work to get a sense of her style, the colors she uses, and the topics of her paintings. Use these as inspiration for your own work.

Step 2 Print out the Frida Kahlo handout, and color it in however you like. Try to incorporate things you like most about her work. What stands out to you? What do you not like? Which work is your favorite?

Frida Kahlo

Frida Kahlo was a Mexican painter who lived from 1907-1954. She began painting at age 18, while recovering from an almost fatal bus accident. She has a relatively small collection of work, many of which are self-portraits. Kahlo painted her own reality, and many of her paintings reflect her struggles with physical and emotional pain throughout her life.



Color this self-portrait any way you want!

linked below for printing

Group Tour:

Teach your friends and family about Frida Kahlo, and paint together.

Extend the Journey:

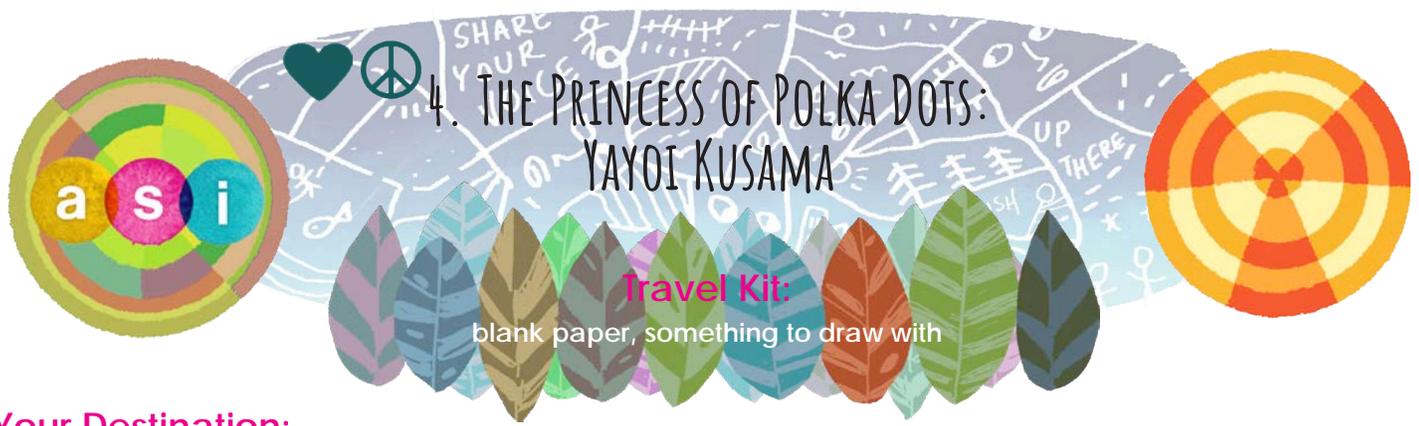
Create your own self portrait on a separate sheet of paper, or on the back of the handout.

Learn New Vocabulary: fatal, self-portrait

Resources and Visual Aids: Access our blog post, Frida Kahlo: <https://artsphere.org/blog/frida-kahlo/>

Frida Kahlo handout: <https://artsphere.org/wp-content/uploads/2020/06/Frida-Kahlo.pdf>

Access Our Instructional Video: <https://www.youtube.com/watch?v=vjW9YEV9RYw>



Your Destination:

Yayoi Kusama, born in Japan in 1928, is a multimedia artist who does performances, writes poetry, and creates installations, sculptures, and paintings. Throughout these varying mediums, all of her projects use polka dots in some way, which is why she has earned the title, Princess of Polka Dots. Kusama creates nature and landscapes in her work, and one of her more recognized works are her pumpkins. She creates polka-dotted pumpkins with patterned backgrounds. Today, make a polka-dotted pumpkin inspired by Yayoi Kusama.

On the Path:

Step 1 Draw a pumpkin. For tips on how to draw a pumpkin, watch our YouTube video linked below, and follow along as we do the project together.

Step 2 Add polka dots to your pumpkin. Use different sizes of polka dots like Kusama. Make sure your polka dots are eye catching, and be creative with it.

Step 3 For the background, create a landscape. In her background, Kusama uses polka dots and other line patterns. Choose how you would like to pattern your background and draw it out.

Step 4 After you have added your polka dots and any other patterns, pick a color to color in the negative space. Kusama's works are very colorful, so the less white space, the better.



*example made by instructor,
Maritza Lohman*

Group Tour:

Hang up your work, and share it with us using the hashtag #loveartsphereinc on Facebook, Instagram, or Twitter, and tell your friends and family about the Princess of Polka Dots.

Extend the Journey:

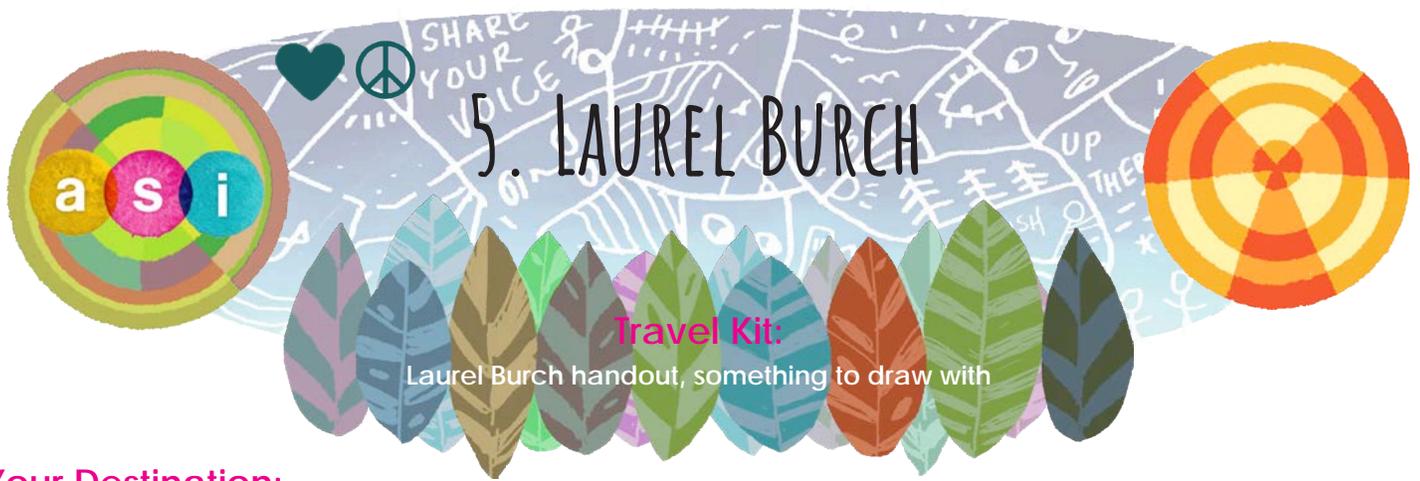
Paint a real pumpkin a solid color, and cover it with painted polka dots to create your own 3D installation inspired by Yayoi Kusama.

Learn New Vocabulary: installation, multimedia, varying, medium, solid color, horizon line, landscape, negative space

Resources and Visual Aids: Access our blog post, The Polka Dot Princess: Yayoi Kusama: <https://artsphere.org/blog/the-polka-dot-princess-yayoi-kusama/>

Learn more about Yayoi Kusama's life and her art: <https://www.tate.org.uk/kids/explore/who-is/who-yayoi-kusama>

Access Our Instructional Video: <https://www.youtube.com/watch?v=vjW9YEV9RYw>



Your Destination:

Laurel Burch was a self-taught American artist from San Francisco. She suffered from osteoporosis throughout her life, a rare disease that makes bones fragile, and therefore, very easy to break. Because of her disease, she spent a lot of time in the hospital, where she made much of her art. Burch made jewelry out of old metal and beads, but she is most famous for her vibrant depictions of cats, which she called "Feline Frolic." These cats are recreated not only on paintings but also on napkins, mugs, quilts, hats, handbags, and more.

Create your own version of "Feline Frolic" using the handout in Resources and Visual Aids below.

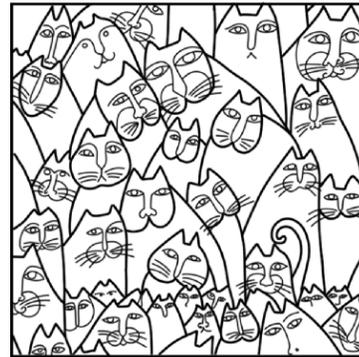
On the Path:

Step 1 Explore some of Laurel Burch's art. With a parent or guardian's permission, use Google Images to search Laurel Burch's "Feline Frolic" to get a sense of her style and the colors she used. Think about her art. Does it remind you of anything?

Step 2 Use the handout to create a Laurel Burch inspired version of "Feline Frolic." Grab your markers, colored pencils, or crayons, and get coloring!

Laurel Burch

Laurel Burch is an American artist who uses bright colors for her artwork. Use bright colors to color "Feline Frolic" below.



linked below for printing

Group Tour:

Teach your friends and family about Laurel Burch, and check out her other merchandise.

Extend the Journey:

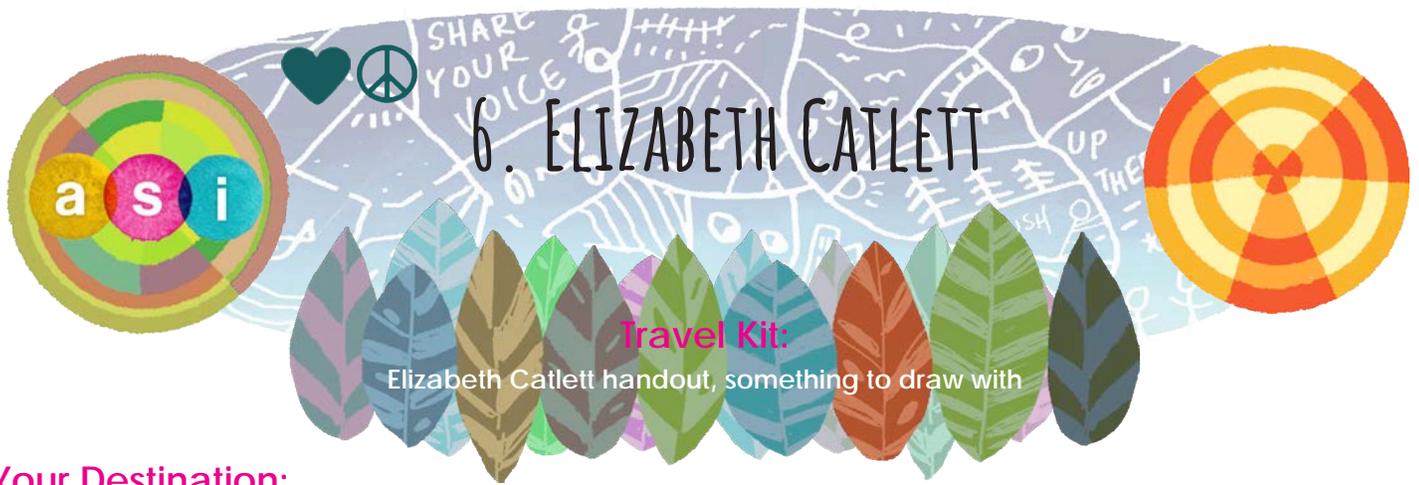
Laurel Burch worked with a lot of different mediums. Use a medium other than paper, like clothes, napkins, plates, and more.

Learn New Vocabulary: osteoporosis, vibrant, depiction, feline, frolic

Resources and Visual Aids: Access our blog post, Laurel Burch:
<https://artsphere.org/blog/laurel-burch/>

Laurel Burch handout: <https://artsphere.org/wp-content/uploads/2020/07/Laurel-Burch-Handout.pdf>

Access Our Instructional Video: <https://www.youtube.com/watch?v=vjW9YEV9RYw>



Travel Kit
Elizabeth Catlett handout, something to draw with

Your Destination:

Elizabeth Catlett is a Black artist who worked in numerous mediums, including prints, woodcuts, and linocuts. Her work focuses on themes of social injustice, the human condition, historical figures, and the relationship between mother and child. She was born in 1915 and died in 2012 at the age of 96.

On the Path:

Step 1 Check out some of Elizabeth Catlett's work! With a parent or guardian's permission, research Elizabeth Catlett linocuts to get inspiration for your handout. What works do you like best? What stands out most to you? What messages is she trying to convey in her work?

Step 2 To imitate the look of Catlett's prints, use hatching, which is a technique of drawing parallel lines closely together. Use cross hatching as well, which is the same line technique, but using lines at different angles to create the effects of shadowing.

Step 3 Try using hatching and cross hatching on the Elizabeth Catlett handout below.

Step 4 Feel free to use hatching and cross hatching on the portrait of Elizabeth Catlett on the handout as well, or you can color it in however you like.



"Sharecropper" 1952



www.artsphere.org #loveartsphereinc McKenna Mason 2020

[linked below for printing](#)

Group Tour:

Teach someone else about Elizabeth Catlett, and show them your new hatching and cross hatching skills.

Extend the Journey:

Draw a cube, sphere, or other 3D object, and use hatching and cross hatching to create the effects of shadowing.

Learn New Vocabulary: medium, prints, linocuts, hatching, cross hatching

Resources and Visual Aids: Access our blog post, Elizabeth Catlett:
<https://artsphere.org/blog/elizabeth-catlett/>

Elizabeth Catlett handout: <https://artsphere.org/wp-content/uploads/2020/07/Elizabeth-Catlett.pdf>

Access Our Instructional Video: <https://www.youtube.com/watch?v=UU8Nu3L78Yg>



Your Destination:

Mary Blair had a unique style seen mostly in Disney productions from 1943 -1953. As Walt Disney's favorite artist, she created concept art for many Disney films, including *Cinderella*, *Dumbo*, *Peter Pan* and *Alice in Wonderland*, and her style is still inspiring Disney and Pixar movies today.

On the Path:

Step 1 Check out Mary Blair's concept art using the links below.

Step 2 As you read more about Mary Blair, think about the following: What inspires you about her work? Which Disney movie that she worked on is your favorite? Why? What do you like about her art style?

Step 3 Color in the handout however you like.

Group Tour:

Tell your friends and family about the key role Mary Blair played in the creation of so many beloved Disney movies. Which movie is their favorite?

Extend the Journey:

Draw your favorite Disney scene like Mary Blair, or come up with your own characters, and draw them in the style of Mary Blair!

Learn New Vocabulary: concept art

Resources and Visual Aids:

Check out more of Mary Blair's concept art: <https://bit.ly/3xoNCAy>

Read more about Mary Blair: <http://magicofmaryblair.com/about-mary/>

Access our blog post, Walt Disney's Favorite Artist: Mary Blair: <https://artsphere.org/blog/mary-blair-handout/>

Mary Blair handout:

<https://artsphere.org/wp-content/uploads/2020/07/Mary-Blair-Handout.pdf>

Access Our Instructional Video: <https://www.youtube.com/watch?v=UU8Nu3L78Yg>

Mary Blair

Mary Blair was one of Walt Disney's favorite artists, and she did the original "concept art" for *Alice in Wonderland*, *Peter Pan*, and *Cinderella*. She also designed scenes in both Disneyland and Disney World. She is considered a "Disney Legend."

Concept art: an illustration used to create an idea for a movie, video game, comic book, or show before the final product.

Color Mary Blair's concept art below!



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McKenna Mason 2020

linked below for printing



Your Destination:

Explore three artistic movements through the works of one artist: Lyubov Popova, a Russian woman who was born in 1899 and died in 1924. Today's project is inspired by Popova's work with Suprematism, an artistic movement that focuses on geometric forms in a limited range of sizes and colors. Suprematism is meant to focus on artistic feeling instead of actual objects or things.

On the Path:

Step 1 Watch the lesson linked below to learn more about Suprematism, an art movement focused on basic geometric forms, such as circles, squares, lines, and rectangles, painted in a limited range of colors.

Step 2 Cut out different shapes of various sizes and colors using your construction paper. The more variety the better.

Step 3 On your blank sheet of paper, use your cut-outs to design your own abstract Suprematist creation! Arrange and overlap the shapes in any way you like. It is up to you to determine what you think looks good or is visually appealing; that is the beauty of abstract art. Create what you feel.

Step 4 Once you are satisfied with the design of your shapes, glue them down.



*example made by instructor,
Maritza Lohman*

Group Tour:

Show off your work, and teach your friends and family about the new art movements you learned about.

Extend the Journey:

Cut out the same colored and sized shapes you used in the first project, and use those on another paper to see how different your two creations can be when you are using the same shapes.

Learn New Vocabulary: Suprematism, Cubism, Cubo-Futurism

Resources and Visual Aids: Access our blog post, Lyubov Popova:
<https://artsphere.org/blog/lyubov-popova/>

More information on Lyubov Popova: <https://www.moma.org/artists/4694>

Access Our Instructional Video: <https://www.youtube.com/watch?v=UU8Nu3L78Yg>



Your Destination:

Kara Walker is a Black artist from California who uses silhouettes and other media to depict scenes of slavery. Today, create your own Kara Walker inspired piece, using the medium of silhouettes to talk about memories in your life or family history that you might have difficulty putting into words.

Please note: Due to the serious nature of the themes and explicit imagery in some of Kara Walker's work, we recommend that you have a parent or guardian work on this project with you and give permission before researching her work further. The links provided exclude her more explicit work.

On the Path:

Step 1 What kind of scene do you want to create? A man and his dog? A party? A funeral? A scene from a movie that had an emotional impact on you? Someone's profile?

Step 2 Once you have decided, draw the scene lightly with a pencil on your black construction paper. Since a silhouette is the outline of a person, animal, or object, focus on the outline and not the details within the picture.

Step 3 Note that if you have multiple people or objects in your scene, you can draw them and cut them out separately, and then glue them onto the white paper wherever you would like them to be.

Step 4 Once you have finished drawing your outline, cut them out carefully.

Step 5 Before using glue, lay out your silhouettes how you imagined them on your white paper.

Step 6 When all the silhouettes are where you want them to be, glue them down.

Group Tour:

Show your art and teach your friends and family about Kara Walker. If you would like, you and a friend can make silhouette pictures for each other and share them.

Extend the Journey:

Go outside at noon, when the sun is the highest, and take a picture of your shadow. Make sure to strike a pose or do something interesting. Then use that picture to create a silhouette of yourself using black construction paper glued onto white paper like you did in this project.

Learn New Vocabulary: silhouette

Resources and Visual Aids: Access our blog post, Kara Walker: <https://artsphere.org/blog/kara-walker/>

Britannica Kids article on Walker: <https://kids.britannica.com/students/article/Kara-Walker/625428>

Video about Kara Walker's famous sugar-themed sculpture: <https://bit.ly/3xht2AT>

Access Our Instructional Video: <https://www.youtube.com/watch?v=01dV31qyqlg&t=1s>



10. JULIE BUFFALOHEAD

Travel Kit:

Julie Buffalohead handout, something to draw with

Your Destination:

Julie Buffalohead is an Indigenous American artist based in Minnesota and a member of the Ponca Tribe in Oklahoma. Many of her works feature anthropomorphic animals, or animals dressed as and behaving as humans. She uses her art to comment on her own life experiences and the experiences of other Indigenous Americans.

On the Path:

Step 1 Check out some of Julie Buffalohead's work using the links below. If you like her style, try to recreate it on your handout.

Step 2 Color in the handout.

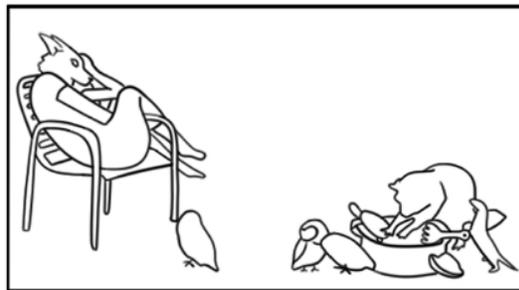
Group Tour:

Show off your creations, and teach your friends and family about Julie Buffalohead and anthropomorphism. What stands out to you? What stands out to your friends and family about her work?

Julie Buffalohead

Julie Buffalohead is an Indigenous American artist based in Minnesota. Many of her works feature animals dressed and behaving as humans. She uses her art to comment on her own life experiences, and the experiences of other Indigenous Americans.

Draw your favorite animal behaving like a person on the back!



"Indifferent"
2016. Ink and acrylic on paper, located at Yale University art gallery.

linked below for printing

Extend the Journey:

Draw an anthropomorphic version of your favorite animal on the back of the handout. You can learn more about anthropomorphic characters by looking at this web page about anthropomorphic characters:

https://disney.fandom.com/wiki/Category:Anthropomorphic_characters

Learn New Vocabulary: Indigenous American, anthropomorphic

Resources and Visual Aids: Access our blog post, Julie Buffalohead:

<https://artsphere.org/blog/julie-buffalohead/>

Check out some of Julie Buffalohead's work:

http://bockleygallery.com/artist_buffalohead/index.html

Julie Buffalohead handout:

<https://artsphere.org/wp-content/uploads/2020/07/Julie-Buffalohead-1.pdf>

Access Our Instructional Video: <https://www.youtube.com/watch?v=CRyL5M51UW4>



Your Destination:

Camille Claudel is often remembered as the famous sculptor Auguste Rodin's muse, when in fact she was a very talented French sculptor herself. Claudel lived from 1864 -1943. Many of her bronze and marble sculptures are housed in the Rodin museum in France, although she has work located at the Rodin museum in Philadelphia, too.

On the Path:

Step 1 Camille was a famous sculptor who worked closely with Rodin, but she made it a point in her life to carve out a career that was distinctly her own. Learn more about Claudel and her work using the links below.

Step 2 Color the Camille Claudel portrait on the handout! Think about how her work makes you feel. How do you think she was able to use bronze and marble to make such detailed sculptures?

Group Tour:

Show off your colored portrait and teach your friends and family about the often forgotten, but incredibly talented, Camille Claudel!

Camille Claudel

Camille Claudel is often remembered as Auguste Rodin's muse, when in fact she was a very talented French sculptor who lived from 1864-1943. Many of her bronze and marble sculptures are housed in the Rodin museum in France.

Draw one of Camille's sculptures on the back of this page.



[linked below for printing](#)

Extend the Journey:

Check out some of Claudel's sculptures online. Find one that sticks out to you, and draw it on the back of the handout.

Learn New Vocabulary: bronze, marble

Resources and Visual Aids: [Camille Claudel handout:](https://artsphere.org/wp-content/uploads/2020/07/Camille-Claudel.pdf) <https://artsphere.org/wp-content/uploads/2020/07/Camille-Claudel.pdf>

Access our blog post, Camille Claudel: <https://artsphere.org/blog/camille-claudel/>

Learn more about Camille Claudel: <https://nmwa.org/art/artists/camille-claudel/>

Access Our Instructional Video: <https://www.youtube.com/watch?v=S5Sni67FzgY&t=1s>



Your Destination:

Minnie Evans was a Black artist who lived from 1892 -1987. Her paintings and drawings are often a face surrounded with colorful plants and spirals drawn with wax or crayons. They typically represent dreams she had. Evans began drawing at the age of 43 and would draw on anything she could find.

On the Path:

Step 1 Check out some of Minnie Evans' artwork using the links below. What stands out to you about her work? Do you notice the symmetry? Compare her work to your own dreams. What do you dream about?

Step 2 Color in the handout using crayons. Minnie Evans used very vibrant colors, so make sure you do the same.

Group Tour:

Share your work, and teach your friends and family about Minnie Evans! Find a friend and have each of you draw out one of your dreams. Then, swap papers, and guess what the other person's dream might have been about. Dreams can be about anything, so see what you can guess from their work!

Minnie Evans

Minnie Evans was an African American artist alive from 1892-1987. Her paintings and drawings surround a face with colorful plants and spirals drawn with wax or crayons that represent dreams she had as a child that would also come to her during the day.

Use crayons to color in one of Minnie Evans' artwork below!



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linked below for printing

Extend the Journey:

On the back of the handout, draw one of your own dreams. Are they as colorful and fantastical as the dreams Minnie Evans had?

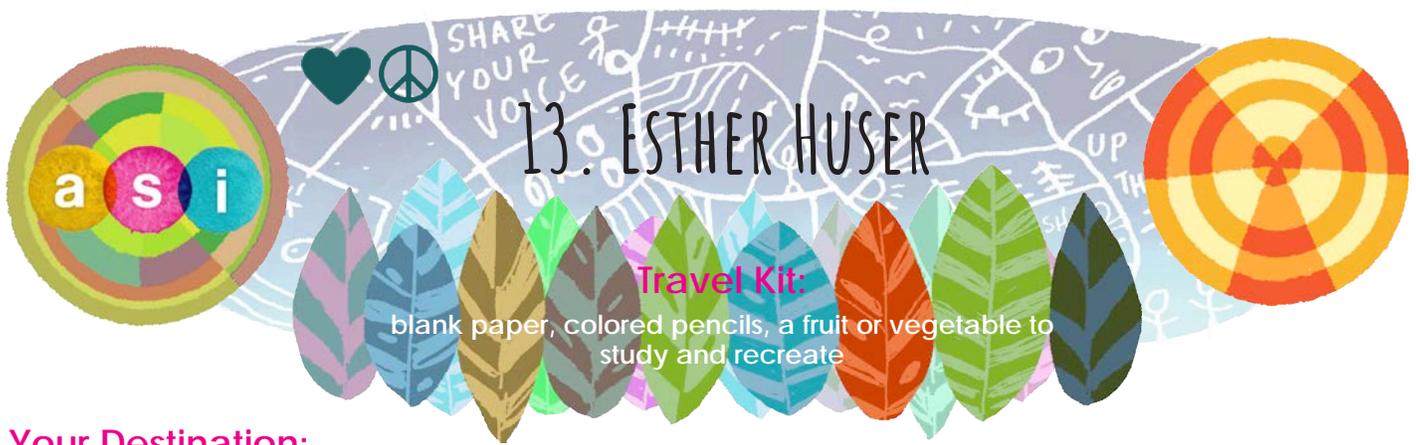
Learn New Vocabulary: fantastical, vibrant

Resources and Visual Aids: Access our blog post, Minnie Evans:
<https://artsphere.org/blog/minnie-evans/>

Learn more about Minnie Evans and see her work:
<https://www.petulloartcollection.org/minnie-evans/>

Minnie Evans handout: <https://artsphere.org/wp-content/uploads/2020/07/Minnie-Evans.pdf>

Access Our Instructional Video: <https://www.youtube.com/watch?v=S5Sni67FzgY&t=1s>



Your Destination:

Esther Huser is a Swiss artist who uses mimesis and photorealism to create realistic paintings of photographs she takes of nature. She works with mostly fruits, vegetables, animals, and cabbage patches in particular. In this lesson, try your best to create a realistic drawing of a fruit, vegetable, or animal.

On the Path:

Step 1 Check out some of Esther Huser's work on her website using the link below. What do you notice about her work that stands out to you? Huser uses mimesis and photorealism, art styles in which someone studies an object and then recreates it using another medium.

Step 2 Find a fruit or vegetable, and draw it as realistically as you can. Some tips: nothing in nature has straight lines, so do not use them! Use realistic colors, focus on light and shadow, and most importantly, have the object in front of you. Remember, it does not have to be perfect, and it takes practice to improve, so just view it as a fun exercise.



example made by instructor, Maritza Lohman

Group Tour:

Teach your friends and family about Esther Huser and her realistic work.

Extend the Journey:

Take a picture of something in nature, and draw the picture on a piece of paper as realistically as you can.

Learn New Vocabulary: mimesis, photorealism

Resources and Visual Aids: Access our blog post, Esther Huser: <https://artsphere.org/blog/esther-huser/>

Check out Esther Huser's website: <http://www.estherhuser.com/>

Access Our Instructional Video: <https://www.youtube.com/watch?v=KbLTmN4UPrE>



Your Destination:

Beatriz Milhazes is a Brazilian artist who uses Brazilian culture to inspire her paintings and prints. She overlaps geometric and arabesque shapes, stripes, lines, circles, and rays to create energetic and colorful artworks. Use patterns, arabesque, geometric shapes, and lots of colors to create your own Beatriz Milhazes inspired piece of abstract art.

On the Path:

Step 1 Check out some of Beatriz Milhazes' work using the links below.

Step 2 Plan your design. Milhazes' work is colorful, overlapping, busy, and energetic, so use as many shapes, lines, patterns, and colors as you want. She has little to no blank space in her artwork, so fill the page! Be creative with it – what kind of patterns can you make?

Step 3 Use a ruler or straightedge to make sure your lines are straight. If you choose to include circles, you can use a compass or a cup to trace a perfect circle. Use a pencil so you can add or get rid of shapes and patterns before you color it in.

Step 4 Outline your lines, shapes, and patterns, and color them in.

Group Tour:

Teach your friends and family about Beatriz Milhazes, and show off your artwork.



example made by instructor, Maritza Lohman

Extend the Journey:

Using chalk on a sidewalk, create a Beatriz Milhazes inspired piece of artwork so that everyone walking by can see!

Learn New Vocabulary: arabesque, compass

Resources and Visual Aids: Access our blog post, Beatriz Milhazes: <https://artsphere.org/blog/beatriz-milhazes/>

Check out more of Milhazes' work here: <http://www.artnet.com/artists/beatriz-milhazes/>

Access Our Instructional Video: <https://www.youtube.com/watch?v=zVrCko11Z6I>



Travel Kit:
 Jenny Morgan handout, something to draw with
 (colored pencils or crayons recommended)

Your Destination:

Jenny Morgan is a painter who lives and works in Brooklyn, New York. Her paintings are intriguing because of the contrast of her realistic faces compared to the abstract colors she uses to shade them. Many of her paintings are self-portraits, and all of them hold eye contact with the viewer. Use abstract colors and ombre on the face in the handout below to create a Jenny Morgan inspired portrait!

On the Path:

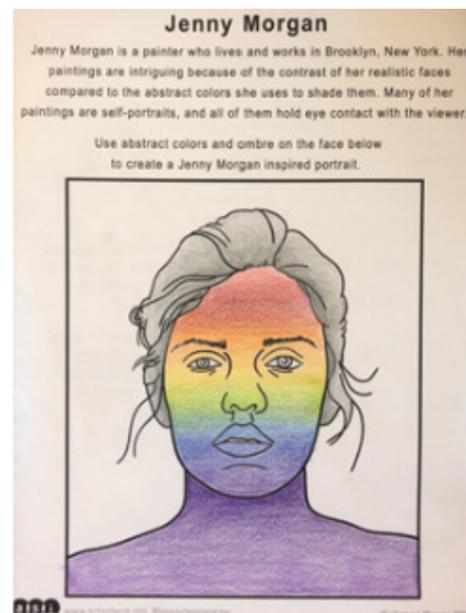
Step 1 Ombre is the gradual blending of either one color to another or the same color from dark to light. Choose whether you want to use multiple colors or one color, and practice the ombre technique on a separate sheet of paper. To get the ombre effect, start by pressing down hard on the paper and slowly lighten pressure, then overlap the colors you are using and do the same for each color.

Step 2 Decide how you want to color the handout. Do you want to color in her face? Her hair? The background? The whole thing?

Step 3 Color in the handout.

Group Tour:

Share your work with Art Sphere using the hashtag #loveartisphereinc on social media, and teach your friends and family about Jenny Morgan.



example made by instructor, Maritza Lohman; handout linked below

Extend the Journey:

A sunset or sunrise is a perfect example of where you can find ombre in nature. Find a picture of a sunset or a sunrise online, or take a picture of a sunset yourself and draw it. How do you see the colors blending into each other?

Learn New Vocabulary: gradual, ombre, realistic, abstract

Resources and Visual Aids: [Jenny Morgan handout: https://artsphere.org/wp-content/uploads/2020/08/Jenny-Morgan-Handout.pdf](https://artsphere.org/wp-content/uploads/2020/08/Jenny-Morgan-Handout.pdf)

Access our blog post, Jenny Morgan: <https://artsphere.org/blog/jenny-morgan/>

Access Our Instructional Video: <https://www.youtube.com/watch?v=zVrCko11Z6I>



Your Destination:

Caledonia Curry, whose art appears under the name Swoon, is one of the first women to be recognized in the world of street art, which has been mostly dominated by men for many years. She makes her art on the sides of buildings in New York, in museums, and as 3-D installations. Her art is large scale, with a mix of realism and the fantastical.

Today, use chalk to create your own street art on sidewalks to make your own contribution to the world of street art!

On the Path:

Step 1 Find a public space. It can be the sidewalk outside of your house, your street, or the side of a building, and more. Make sure this is a safe place where you are allowed to draw.

Step 2 Use chalk to create a piece of street art. Get inspiration from Swoon’s artwork, which mixes realistic portraits with vibrant colors and fantastical shapes and themes.



Group Tour:

Take a picture of your art to share it, and teach your friends and family about Swoon.

Extend the Journey:

With a parent or guardian, walk around your neighborhood, and find street art in your area. Make sure to take pictures!

Learn New Vocabulary: realism, fantastical, vibrant, street art

Resources and Visual Aids: Access our blog post, Swoon: <https://artsphere.org/blog/swoon/>

Check out more of Swoon’s art: <https://swoonstudio.org/street>

Access Our Instructional Video: <https://www.youtube.com/watch?v=zVrCko11Z6I>



Your Destination:

Bridget Riley is a British artist who is famous for her op art paintings. Op art is an art movement that uses optical illusions, or visuals that play tricks on your eyes. Many of Bridget Riley's paintings are done in black and white, and they seem to move when you look at them. Today, create your own optical illusion using a tracing of your hand inspired by Bridget Riley's eye-capturing paintings.

On the Path:

Step 1 Check out some of Bridget Riley's work using the links below. Make sure you scroll and see how the paintings appear to move as you scroll! How are the lines affecting how you see her work?

Step 2 On a blank piece of paper, trace your hand lightly with a pencil.

Step 3 Pick the colors you would like to use on your hand. Use at least two different colors that are distinct.

Step 4 This project will create a hand that looks like it is raised from a flat surface. Using a marker, start from the top edge of the paper, and draw a straight line until you reach the outline of your hand.

Step 5 Draw a small arch from one outline to the other end of the outline. Refer to the instructional video for a visual demonstration.

Step 6 Then, continue the straight line until the edge of the paper. Any space within the traced outline of your hand should be arched, and any space outside the traced outline of your hand should be a straight line. Again, refer to the instructional video for a visual demonstration. Making a defined arch on the back of your hand and on all the fingers will create the illusion of a raised hand on an otherwise flat surface.

Step 7 Using the next color, repeat steps 4-6, staying as close to the line you just drew as you can. You want as little white showing as possible. Keep going until you have drawn lines on the whole page. Do you see a raised hand on a flat surface?



*example made by
instructor, Maritza
Lohman*

Group Tour:

Teach your friends and family about Bridget Riley, and sketch hands with them!

Extend the Journey:

Find tutorial videos on how to draw different kinds of optical illusions. Which ones are your favorite?

Learn New Vocabulary: op art, optical illusions

Resources and Visual Aids: Check out Bridget Riley's moving art:
<https://www.tate.org.uk/kids/explore/who-is/who-bridget-riley>

Access our blog post, Bridget Riley: <https://artsphere.org/blog/bridget-riley/>

Access Our Instructional Video: <https://www.youtube.com/watch?v=zVrCko11Z6I>



Travel Kit:
Mary Cassatt handout, something to draw with

Your Destination:

Mary Cassatt was an American Impressionist painter and printmaker who lived from 1844 to 1926. She is famous for portraits of the social and private lives of women, focusing specifically on the relationship between a mother and child. Later in her life, she sponsored young American artists and became an art advisor for many major art collectors.

On the Path:

Step 1 Check out some of Mary Cassatt's work using the links below.

Step 2 Color in the handout, which is an outline of one of Cassatt's most famous painting, "The Child's Bath." To keep with Mary Cassatt's style, use warm and pastel colors and colored pencils or crayons.

Group Tour:

Teach your friends and family about Mary Cassatt! What are three things you learned about her work?

Mary Cassatt

Mary Cassatt was an American Impressionist painter and printmaker who lived from 1844 to 1926. She is famous for portraits of the social and private lives of women, focusing specifically on the relationship between a mother and child. Later in her life, she sponsored young American artists and became an art advisor for many major art collectors.



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linked below for printing

Extend the Journey:

On the back of the handout, draw your own scene of a mother and child. Use themes and stylistic details from Cassatt's work that stick out to you.

Learn New Vocabulary: impressionism, printmaker, sponsor, art advisor, warm colors, pastel colors

Resources and Visual Aids: **Mary Cassatt handout:**
<https://artsphere.org/wp-content/uploads/2020/09/Mary-Cassatt-Handout.pdf>

Access our blog post, Mary Cassatt: <https://artsphere.org/blog/mary-cassatt/>

Learn more about Mary Cassatt: <https://www.marycassatt.org/>

Access Our Instructional Video: <https://www.youtube.com/watch?v=zVrCko11Z6I>



Your Destination:

Adriana Varejão is a Brazilian artist who is most famous for her azulejos, or glazed tiles used most commonly in Spanish and Portuguese architecture. Most of her work is inspired by what colonizers introduced into Brazilian society, like the tiles themselves, and the blue and white color schemes inspired by Dutch art.

Make your own azulejo coasters inspired by Adriana Varejão!

On the Path:

Step 1 Trace a square object or make a square using a ruler on a piece of cork board or cardboard. Make the square about 5x5 inches.

Step 2 Draw a square that is the same size on a piece of paper, and cut it out.

Step 3 Decorate the paper square however you like. If you want to make your tile look like that of Adriana Varejão's, check out some of her work by using the link below, or do your own research with the help of a parent or guardian. Try to stick with her color scheme, which consists of different shades of blues and white.

Step 4 After decorating the paper, use clear tape, and cover the entire front of the piece of paper with strips of tape. Keep the strips as close to each other as possible. This ensures your design will be protected from water damage.

Step 5 Glue the piece of paper to the cardboard or cork board square, and let it dry.



example made by instructor, Maritza Lohman

Group Tour:

Make multiple coasters for the rest of your family, and teach them about Adriana Varejão.

Extend the Journey:

Buy or reuse on old tile, and paint it!

Learn New Vocabulary: azulejo, architecture, installations, colonization, color schemes, coaster

Resources and Visual Aids: Access our blog post, Adriana Varejão:
<https://artsphere.org/blog/adriana-varajeo/>

Learn more about Adriana Varejão's work:
<https://gagosian.com/quarterly/2016/09/27/adriana-varejao-azulejao/>

Access Our Instructional Video: <https://www.youtube.com/watch?v=PUwzK6g68QE>



Travel Kit:
 piece of blank paper, black marker or any other medium you would like

Your Destination:

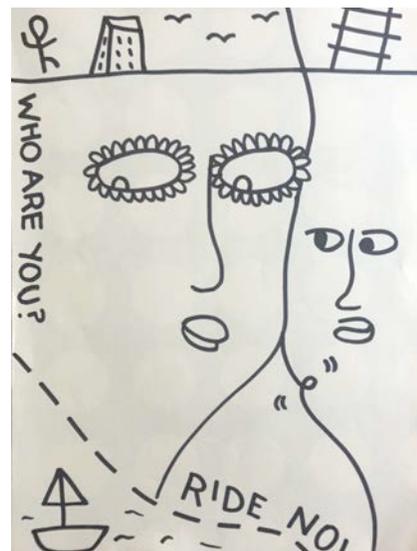
Shantell Martin is a Black artist born in London who is famous for her large scale black and white drawings. She uses black pens on white surfaces creating faces, stick figures, words, objects, and gestural lines on canvas, walls, shoes, pots, bottles, clothes, and more. Her art is unique, busy, and energetic in nature. In this lesson, you will create your own Shantell Martin-inspired black and white art using the medium of your choice!

On the Path:

Step 1 Check out some of Shantell Martin’s work on her website below.

Step 2 Take elements of her art, and add it to your own piece of art. Use whatever sticks out to you the most. Do you want to add faces? Do you want to add random objects or stick figures? Do you have a phrase that is important to you that you would like to add?

Step 3 Remember, she only uses black and white. Her work is very simplistic and leaves a lot of the white background to be seen, so you can do the same.



example made by instructor, Maritza Lohman

Group Tour:

Teach your friends and family about Shantell Martin. Share your artwork with them. You can even create a new piece of art together!

Extend the Journey:

Use another medium, whether it is a canvas, a flower pot painted white, sneakers, or anything else that is white, to create another Shantell Martin inspired piece of art.

Learn New Vocabulary: gestural lines, medium

Resources and Visual Aids: Access our blog post, Shantell Martin: <https://artsphere.org/blog/shantell-martin/>

Check out Martin’s website. Make sure to scroll your mouse over her drawings, and see how they move: <https://shantellmartin.art/>

Check out more of Martin’s work here: <https://shantellmartin.art/work/charge-yourself/>

Access Our Instructional Video: <https://www.youtube.com/watch?v=PUwzK6g68QE>



Art Sphere Inc.
Transforming Lives Through Art
STRENGTHENING OUR COMMUNITIES SINCE 1998



Art Sphere Inc. (ASI), founded in 1998, provides meaningful free arts programs for underserved populations in an effort to engage the creativity in communities, empower neighborhoods, explore the positives in peoples' lives, and heal the mind, body, and spirit through the arts.

Working with hundreds of volunteers every year and partnering with numerous civic, academic and governmental organizations, our grassroots events help support inner-city neighborhoods. ASI's in-school, after-school, in-person and online workshops lay the framework for the arts to nourish the character and development of youth, open up a new world of social engagement and reinforce the school curriculum.

We appreciate the generous support of Penn Treaty Special Services District and other foundations and institutions who among our other supporters have paved the way for Art Sphere Inc. to continue to serve the public through on-site and online education programs.



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