



Art Sphere Inc.
Transforming Lives Through Art
STRENGTHENING OUR COMMUNITIES SINCE 1998

PRESCHOOL SINGALONGS

for ages: 3-6



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CREATING JOURNEYS THROUGH THE ARTS

Follow your creativity and go beyond where the path leads so you can leave a trail to inspire others to express themselves, too!

Preface

We are pleased to present the series *Creating Journeys Through the Arts* to take you on a path to transform everyday materials into art, to explore the intersections of art with nature, literacy, technology, theater, music, mindfulness and STEAM and to learn how to use the arts to express your core values. Throughout this journey, we invite you to reflect on the legacy that can be created through the arts.

How to Use Our Online Materials and This Book

Not everyone learns the same way. Some people are more visual, some more musical, some more mathematical¹. Our lessons include symbols at the top of each page that indicate the different learning styles to be found in each project. By pointing out the different ways that a project can be approached, parents and teachers can guide their children to their individual paths to artistic success and ways to express their unique creative voices. The different learning styles and the symbols used to represent them in this book include:



Literacy and Verbal-Linguistic
(using words effectively)



Recycling and Naturalistic
(responding to nature)



Technology and Logical-Mathematical
(reasoning, calculating)



Health and Intra-personal
(understanding one's own interests, goals)



Theatre and Bodily-Kinesthetic
(using the body effectively and creatively)



Musical-Rhythmic
(sensitivity to rhythm and sound)



Multicultural and Interpersonal
(understanding, interacting with others)

The lessons in this book are written for and are best used in a classroom setting. They usually require a computer and Internet access to play instructional videos as well.

¹ These learning styles are based on Howard Gardner's discussion of types of intelligences. For more detail, see: Howard Gardner, *Frames of Mind: The Theory of Multiple Intelligences* (New York: Basic Books, 1983).



The lesson plans are more than just making art objects. They incorporate ideas such as compassion, mindfulness, respect for nature, healthy eating, cooperation, and other ideas for living in a way that contributes to a civil society. The pages are laid out as if you and the class are taking a journey:

- **Your Destination:** summarizes the outcome
- **Travel Kit:** list of materials you will need to make the object
- **On the Path:** ideas and directions for each child to make his/her own object, and ideas for exploring the meaning of each object
- **Group Tour:** how to transform the individual process into an interactive and collaborative group experience
- **Extend your Journey:** vocabulary, helpful references, and links to explore additional ideas

Find ways to express yourself - it's okay to think outside the box.

Knowing that links sometimes become inactive or are changed is beyond our control, and we apologize for the inconvenience. All the referenced links in this book have been checked for accuracy. Please check our blog: (<https://artsphere.org/free-resources/curriculum/>) and other social media channels for more suggestions on creative art projects.

The lessons in this book are written by instructor, **Alan Silverman**. The designing and illustrations are by **Blair Nakamoto**.



GLOSSARY

C major scale Can be played using any of the white keys on a keyboard. This scale, when played ascending, or from low pitch to high pitch, is as follows: C, D, E, F, G, A, B, C (high).

Clockwise Something moving in the same direction that the hands on a clock move.

Creative Having unique, or original ideas. Thinking in your own way to make something or solve a problem.

Different Not the same as another thing.

Dinosaur Enormous reptiles who lived on Earth millions of years ago.

Dragon A pretend monster that looks like a great big reptile and breathes fire.

Duet A performance by two people, usually singers, instrumentalists, or dancers.

Egg shaker Instruments that are shaped like eggs and usually contain rice to produce a musical sound when shaken.

Exercise Any activity requiring the movement of your body. You should exercise to stay healthy.

Imagination The part of your mind that can create pictures, ideas, and stories. You use your imagination to be creative.

Ladybug A small flying beetle that is usually red with black spots on its back.

Lyrics The words of a song.

Makeshift Making a temporary replacement for another thing.

Maraca An oval shaped instrument that is filled with beans so that when it is shaken, it produces a musical sound.

Melody A sequence of musical notes that sound good when played one after the other; typically the most memorable tune in the music.

Rhythm A repeated pattern in music.

Stretching Moving your body in a way that extends your muscles. Stretching warms up our muscles so we can exercise safely, and it helps us to be more flexible.



Your Destination:

Saying “hello” is an important way to begin any conversation in a kind and polite way. It is a way for us to begin connecting to other people. Learn how to say hello in many different languages, through a fun song.

On the Path:

Step 1 Here are some ways to say “hello” in other languages:

1. Hola - “Hello” in Spanish
2. Bonjour - “Hello” in French
3. Guttentag - “Hello” in German
4. Konnichiwa - “Hello” in Japanese
5. Ciao - “Hello” in Italian
6. Ni Hao - “Hello” in Chinese
7. Shalom - “Hello” in Hebrew
8. Sallam - “Hello” in Arabic
9. Privet - “Hello” in Russian

Step 2 Using the video below, listen to how the word is said in each language. Then, keep watching the video to listen to the song. Repeat the song to learn it yourself.

Step 3 Repeat the video, and say “hello” back to the teacher after every time the teacher says “hello” to you.

Step 4 Listen to the song again, and this time, say “hello” in a more creative way. For example, you could sing it while doing a dance, whisper it, shout it or say it in a robot’s voice. Get as creative as you like, and do not forget to try it with other languages.

Group Tour:

Sit in a circle. The teacher will sing a line of the song, and each student, one by one, will repeat “hello” in English after the teacher says it. In the first verse, for example, the first student will sing “hello” after the teacher says “Hola, Ni Hao, Guttentag, Hello.” Quiz your classmates by having them try to say “hello” in as many languages as they can.

Extend the Journey:

Our song only covers some of the many, many ways you can learn to say “hello” in other languages. There are over 6,000 languages out there. Here are 25 ways to learn how to say “hello”:

<https://travelwithmonsters.com/2018/12/teach-your-kids-how-to-say-hello-in-25-languages/>

Access Our Instructional Video: <https://youtu.be/6qb4MBzMncY>



2. THE SHAKER SONG



Travel Kit:

egg shaker, maraca, or empty water bottle filled halfway up with uncooked rice, instructional video



Your Destination:

Express yourself through movement and music with your shakers.

On the Path:

Step 1 Follow the instructions that are in the lyrics of the song. For example, during the line, "Shake your shakers near the floor," get down close to the floor while shaking your instrument to the music.

Step 2 Listen again, and sing with the lyrics:

Shake your shakers up and down,

Shake your shakers all around,

Shake your shakers near the floor,

Shake your shakers a little more.

Shake your shakers when you're sitting down,

Shake your shakers over your crown,

Shake your shakers and stand on up,

Shake your shakers and say "What's up?"

Group Tour:

Everyone shakes and sings together!

Extend the Journey:

Listen to the song again and try to shake and sing at the same time.

Learn New Vocabulary: maraca, egg shaker

Access Our Instructional Video: <https://youtu.be/LR6KswPjhRA>



3. IMAGINATION WITH "THE WHEELS ON THE BUS"

Travel Kit:

a way to play "The Wheels on the Bus" song (YouTube, a guitar, piano, etc.), instructional video



Your Destination:

Use your imagination to come up with your own verse in "The Wheels on the Bus."

On the Path:

Step 1 Learn the lyrics to "The Wheels on the Bus" by singing along and listening to the accompanying video.

Step 2 Come up with an idea for something fun and creative that you would like to sing about while making up your part in "The Wheels on the Bus" song. What action would your thing do on the bus? For example, "the shoes on the bus go tap, tap, tap."

Step 3 Use our instructional video to follow along and inspire ideas for your own verse, such as, "the dinosaur on the bus goes rawr, rawr, rawr!"

Step 4 Then, play the song again, and fill in the space that the teacher leaves in the instructional video to sing your own made up verse. What can you come up with? Who or what is on the bus in your verse, and what are they doing?

Group Tour:

Each member of the class comes up with an idea of something that could be on the bus and something this thing would do on the bus. Each student sings their own verse in a clockwise circle.

Extend the Journey:

Here are some more activities that you can do with the help of your parent or guardian:
<https://besttoys4toddlers.com/wheels-on-the-bus-learning-activities/>

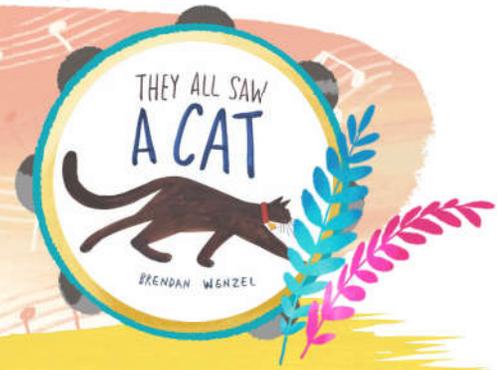
Learn New Vocabulary: dinosaur, imagination, clockwise

Resources and Visual aids: Watch the performance by Raffi:
<https://www.youtube.com/watch?v=8d8Vo72Kbrk>

Access Our Instructional video: https://youtu.be/Zbn6QyIDC_0



4. COLORING WITH *THEY ALL SAW A CAT*



Travel Kit:

instructional video, crayons, paper



Your Destination:

Watch the video of the teacher reading *They All Saw A Cat* by Brendan Wenzel, synced to classical music, and draw a picture based on your favorite part of the story.

On the Path:

Step 1 Look at the pictures while listening to the story.

Step 2 As you listen to the story, imagine how the music changes how you feel. Do you think the music changes how you understand the story?

Step 3 After watching the video, how you would sum up the story? What happened in the story, and what was your favorite part?

Step 4 Look at the original picture of the cat (on the second page), and draw your own version of the cat using your piece of paper and crayons.

Group Tour:

Different people can look at the same things and see it differently. Each person in the class will draw their own version of how they might see the cat, and compare their results. Remember to respect your classmates' drawings because no one person's picture is the "correct" one. Art is meant to be creative.

Extend the Journey:

What do you think the cat was thinking when it saw its own reflection in the water? Talk about it with a group.

Learn New Vocabulary: different, creative

Resources and Visual Aids: Reading of the book, *They All Saw A Cat* by Brandon Wenzel without any music: <https://www.youtube.com/watch?v=8g5YuYkKfHE>

Access Our Instructional Video: Our reading of the book along with classical music: <https://youtu.be/P9u69cZqDvg>



Travel Kit:
accompanying video

Your Destination:

Time to have fun and exercise! Sing and dance along with "Puff the Magic Dragon" by Peter, Paul, and Mary.

On the Path:

Step 1 Have a parent or guardian read the lyrics with you as you watch the first half of the instructional video. What is the song about? What does Puff do, and where does he live? What else happens in the song?

Step 2 For the second half of the video, move around and dance to the music. Pay attention to how the music makes you feel.

Step 3 Continue the story. What do you want to happen next in the story for Puff, Jackie or both of them?

Group Tour:

Half of the group will sing along for the first half of the song, while the other half of the group will dance or move. For the second half, the groups will switch roles.

Extend the Journey:

If you would like, continue the story. Using your imagination, keep telling the story of Puff and/or Jackie. Draw a picture of a scene from the song or from your own made-up story as well. Based on what you want to happen next in the song, write your own verse to add on to the song.

Learn New Vocabulary: dragon, exercise, lyrics

Resources and Visual Aids: Watch Peter, Paul and Mary perform the song here:
<https://www.youtube.com/watch?v=z15pxWUXvLY>

Access Our Instructional Video: <https://youtu.be/IP4XzN79rcs>



Your Destination:

Exercise your fine motor skills, and learn a counting exercise by doing some movements along with listening to the 70's Sesame Street classic, "Ladybug's Picnic."

On the Path:

Step 1 Practice counting to 12 with your fingers, putting up the right amount of fingers as you say each number. Since we only have 10 fingers, put one thumb up for when we count to 11 and the other thumb up for 12. Be sure to follow along with our video.

Step 2 Put on the video, and practice counting to 12 to the rhythm of the song whenever the counting part comes on. Try to pick up on any other movements while you do this too.

Step 3 Then practice making movements that go with the word "picnic." You could either do what is done in the video or make up your own. What foods do people normally eat when they go on picnics?

Step 4 Play the video, and use the picnic hand gestures, the counting movement, and any other movements that you picked up on while watching the video. Try to pick up on even more motions that you noticed during the video, and try to copy them as well.

Step 5 Play the video, and use all of the movements that you created or saw in the video. Be creative, and have fun!

Group Tour:

Join your peers to come up with movements to the lyrics of a song that you will all agree on. What are the movements of your dance like, and what do they mean along with the song?

Extend the Journey:

Learn all of the motions, and move along with the song. Learn to sing the song as well. If you want a challenge, try to do the dance at the speed of the original video clip by Sesame Street, which is linked in the "Resources and Visual Aids" section below.

Learn New Vocabulary: ladybug, rhythm

Resources and Visual Aids: Watch the original Sesame Street clip here:
<https://youtu.be/vX9J7WcYtxl>

Access Our Instructional Video: Dance along with the teacher:
<https://youtu.be/19W7nMETOC4>



7. "MR. SUN" SINGALONG



Travel Kit:

accompanying videos linked below



Your Destination:

Sing and move along to the "Mr. Sun" song. Dance around and sing with each other to have some fun!

On the Path:

Step 1 Follow the instructions in the video, and take a nice big stretch with your arms. Stretching is always a good way to get your body warmed up for an activity that requires movement.

Step 2 Make a circle with your arms over your head to form a big sun.

Step 3 Follow along with the movements in the video as the teacher plays the song. What are the movements in the song, and what do they mean?

Step 4 As you watch the video again, try to sing along with the lyrics while making the movements at the same time. The lyrics are as follows:

*Oh Mr. Sun, sun, Mr. Golden Sun
Please shine down on me
Oh Mr. Sun, sun, Mr. Golden Sun
Hiding behind that tree
These little children are asking you
To please come out so we can play with you,
Oh Mr. Sun, sun, Mr. Golden Sun
Please shine down on me.*

*Oh Mr. Sun, sun, Mr. Golden Sun
Hiding behind that tree
These little children are asking you
To please come out so we can play with you
Oh Mr. Sun, sun, Mr. Golden Sun
Please shine down on, please shine down on,
Please shine down on me.*

Group Tour:

In partners, one of you will sing while the other one moves. Then you will switch roles, or you can both perform a duet together.

Extend the Journey:

Use your creativity to make up your own movements to the song. What other movements do you think would go well with the song?

Learn New Vocabulary: stretching

Resources and Visual Aids: Watch Raffi perform "Mr. Sun":
<https://www.youtube.com/watch?v=2NdhcYnC-V8>

Access Our Instructional Video: <https://youtu.be/h2hroXVBxrw>



8. FRIENDSHIP SONG

Travel Kit:

drum or hardcover book, drum sticks or 2 pencils,
accompanying video



Your Destination:

Sing and play along to the beat of the Friendship Song. Using our instructional video, learn about rhythm.

On the Path:

Step 1 Grab your drum or makeshift drum, and follow along with the video to hit your drum at the same time as the teacher.

Step 2 Watch the video again, and sing to the lyrics in the song. What is the song about?

Step 3 What are the top three things you like to do with your friends? Talk about them with your family or friends.

Step 4 Which friends do you do each of these things with? Do you do different activities with different friends? Do you and your friends like different things, or the same things?

Group Tour:

Sing the song together with your classmates in a circle. Each of you will take a turn standing in the middle of the circle playing the drum, while the rest of the class sings along. You can even have a section of the song where each student shares their own verse.

Extend the Journey:

Using the answers to the questions above, come up with a new verse to the song using the same melody. Sing to the song with your family and friends.

Learn New Vocabulary: makeshift, melody

Resources and Visual Aids: The legendary rock band Queen has a song about friendship as well. Listen to their song here: <https://www.youtube.com/watch?v=HaZpZQG2z10>

Access Our Instructional Video: <https://youtu.be/oMF4M9zBvdI>



9. EXPRESS YOURSELF WITH THE C MAJOR SCALE FOR THE PIANO

Travel Kit:

instrument of choice, drum or makeshift drum and sticks



Your Destination:

Follow the a C major play-along. Use the video as a guide to find different ways to express yourself.

On the Path:

Step 1 Learn the C major scale on the keyboard or piano using the video in “Resources and Visual Aids” below. Start with middle C and then play each of keys up to B (7 keys).

Step 2 Play the C major scale in the video using another instrument that you prefer.

Step 3 Use your voice to try to sing notes that go nicely with the music.

Step 4 What is your favorite animal? Make up words to the song about that animal. You can sing about what it does during the day, what it looks like, and other qualities about the animal that you enjoy. Be creative! You can also make up a song about whatever else you can imagine.

Group Tour:

Everyone expresses themselves in different ways. One person might like to sing more, while another might like to dance or play an instrument. Get together with some friends, and put on a performance using the C major scale taught in our instructional video. Make up a song, and try to perform together as a group!

Extend the Journey:

Instead of playing an instrument, dance or move your body to the music to express yourself. You can tell a story through dance as well as through song. Try to tell a story about your favorite animal by dancing with the video.

Learn New Vocabulary: C major scale

Resources and Visual Aids: Learn more about the C major scale with this video:
<https://youtu.be/6p4mjohZ3YM>

Access Our Instructional Video: <https://youtu.be/dzD64ZDYBXM>

APPENDIX

General playlist link to all videos:

https://www.youtube.com/playlist?list=PLN2FL32merRu_IS2-nYXD5HLaNytjlWrE

Learn more:

<https://artsphere.org/interactive-programs/classes/preschool/>

Resources:

[Dictionary.com](https://www.dictionary.com)

[Wikipedia.com](https://www.wikipedia.com)





Art Sphere Inc. (ASI), founded in 1998, provides meaningful free arts programs for underserved populations in an effort to engage the creativity in communities, empower neighborhoods, explore the positives in peoples' lives, and heal the mind, body, and spirit through the arts.

Working with hundreds of volunteers every year and partnering with numerous civic, academic and governmental organizations, our grassroots events help support inner-city neighborhoods. ASI's in-school, after-school, in-person and online workshops lay the framework for the arts to nourish the character and development of youth, open up a new world of social engagement and reinforce the school curriculum.

We appreciate the generous support of Penn Treaty Special Services District and other foundations and institutions who among our other supporters have paved the way for Art Sphere Inc. to continue to serve the public through on-site and online education programs.



Art Sphere Inc. receives state arts funding support through a grant from the Pennsylvania Council on the Arts, a state agency funded by the Commonwealth of Pennsylvania and the National Endowment for the Arts, a federal agency.

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