

Vision Board Handout

A vision board is a collage of images and words representing a person's intentions and visions, meant to serve as inspiration or motivation. Create a collage of art (any medium) that you feel inspired by. This can include music, a recipe, a mural or painting, or even a creative work of your own! While making this vision board, think about what you felt drawn to and why? What clicks for you? What would you like to see yourself investing time into in the future!

