

NATIONAL DRUGS AND ALCOHOL FACTS WEEK



The Top 5 Reasons for Teen Drug Abuse

1. Peer pressure
2. Escape or self-medication
3. Academic or performance pressure
4. Coping with trauma, anxiety, depression, or another underlying mental health issue
5. Media influences

Risks of Teen Binge Drinking

1. Alcohol poisoning
2. Accidental injuries including drowning and falls
3. Drunk driving/accidents
4. Increased likelihood of addiction and stress-related issues in adulthood
5. Damage to brain, liver, and heart overtime