

# NATIONAL MUFFIN DAY

**Directions:** Try making blueberry muffins at home and color in the muffin below.

## Ingredients

- 2 cups of all-purpose flour
- 3 teaspoons of baking powder
- 1/2 teaspoon of salt
- 3/4 cup of white sugar
- 1 eggs
- 1 cup of milk
- 1/4 cup of vegetable oil

## Directions

1. Preheat oven to 400 degrees.
2. Mix together the flour, baking powder, salt and sugar in a large bowl. Make a well in the center. In a small bowl combine egg with milk and oil. Pour all at once into the well in the flour mixture. Mix quickly and lightly with a fork, but do not beat. Pour the batter into paper lined muffin pan.
3. Optional: add 1 cup of blueberries.
4. Bake for 25 minutes or until golden.

