

National Mountain Day

Every year on December 11th, International Mountain Day aims to increase awareness about the importance of mountains. The conservation of mountains is a key factor in sustainable development.

To participate you can:

1. If you live near the mountains, go camping or hiking.
2. Reflect on a trip you took to the mountains. What impact did it have on you?
3. Challenge your friends and family to name as many mountains as possible.
4. Learn about the importance of mountains and the threats they face.
5. Share a beautiful picture of a mountain on social media with #InternationalMountainDay.
6. Color this handout.

