National Honey Month

Honey, it's a sweet and delicious substance that adds great flavor to morning toast, creates decadent desserts, and even packs some serious nutritional benefits. Back in 1989, the National Honey Board declared the month of September as National Honey Month as a way to promote the beekeeping industry, beekeeping in the United States and, honey!

Celebrate National Honey Month by:

- 1. Take a beekeeping tour You'll get up close to beehives and find out what it takes for that jar of honey to safely get tucked away in your pantry.
- 2. Host a honey tasting party Gather up a few different high quality jars of honey, invite a few friends over, and indulge your sweet tooth.
- 3. Whip up a honey-themed dessert There are a ton of excellent recipes out there for honey desserts, so the possibilities here are endless.
- 4. Coloring this handout while enjoying a cup of honey in water!



