

# National Beach Day

National Beach Day on August 30th celebrates all the sandy beaches across the nation. It also provides an opportunity to help keep those relaxing places clean, so we can continue to enjoy them long into the future.

Whether we spend time on beaches oceanside, at a lake or river, they provide recreation all summer long. Swimming, water sports, and sunbathing are just a few of the relaxing things that come to mind. Or also enjoy playing Frisbee, volleyball and long walks. Floating along in the surf on a hot summer day with friends creates summer memories we remember for years to come.

Celebrate by going to a beach and color this handout.

