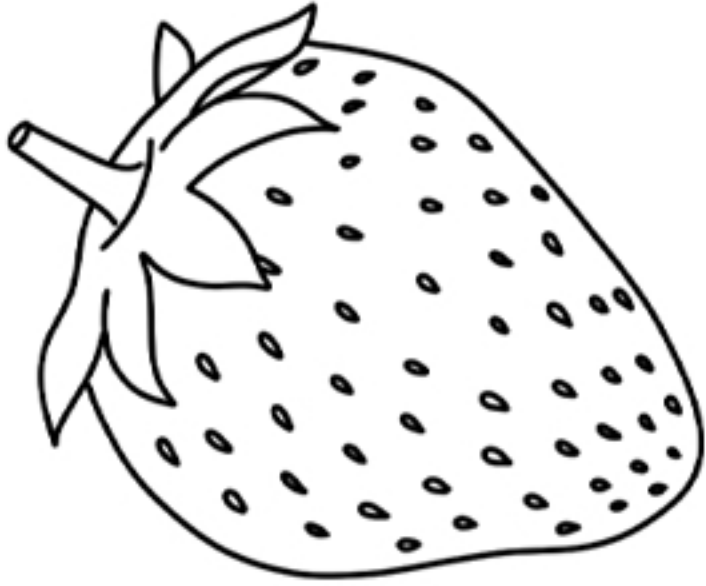
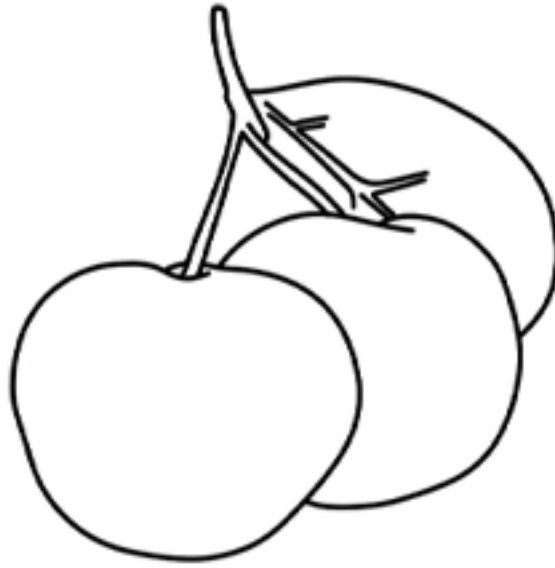


# Sources of Vitamin C

Vitamin C helps your body heal wounds and damaged cells. It also helps maintain healthy skin and bones. Color the sources of Vitamin C below!



Strawberry



Acerola Cherries



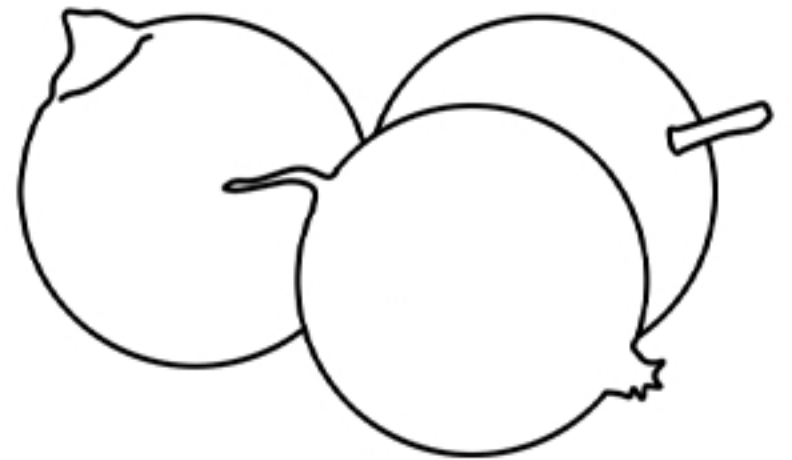
Broccoli



Bell Pepper



Orange



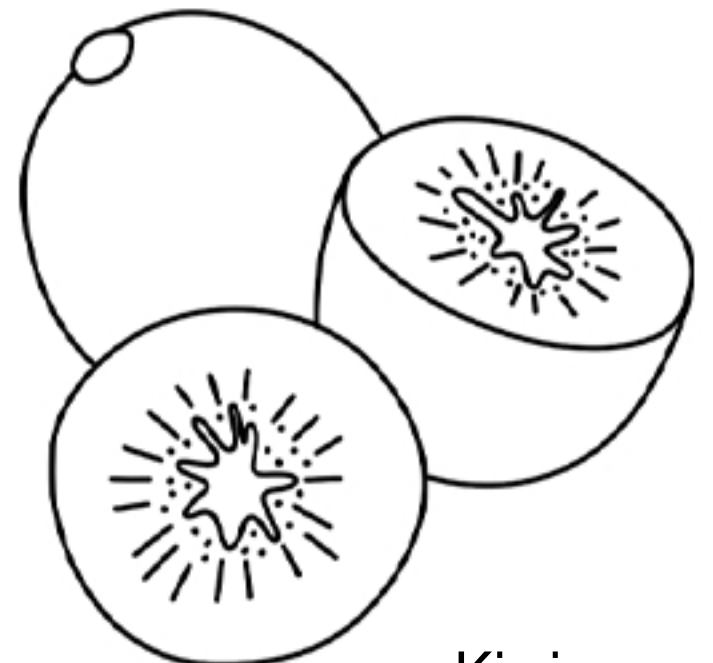
Blackcurrant



Parsley



Brussel Sprouts



Kiwi