

# Grunge Experiences

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Describe a time where you might have felt isolated or experienced hardship. How did you feel in the moment, and more importantly, how did you get past it? For these musicians, it's easy to see their outlet is music and singing. What's yours?

**When have you experienced difficulty or hardship in your life?**

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**What were you feeling during that time? How did you get past it?**

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**What is your outlet for emotional expression?**

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