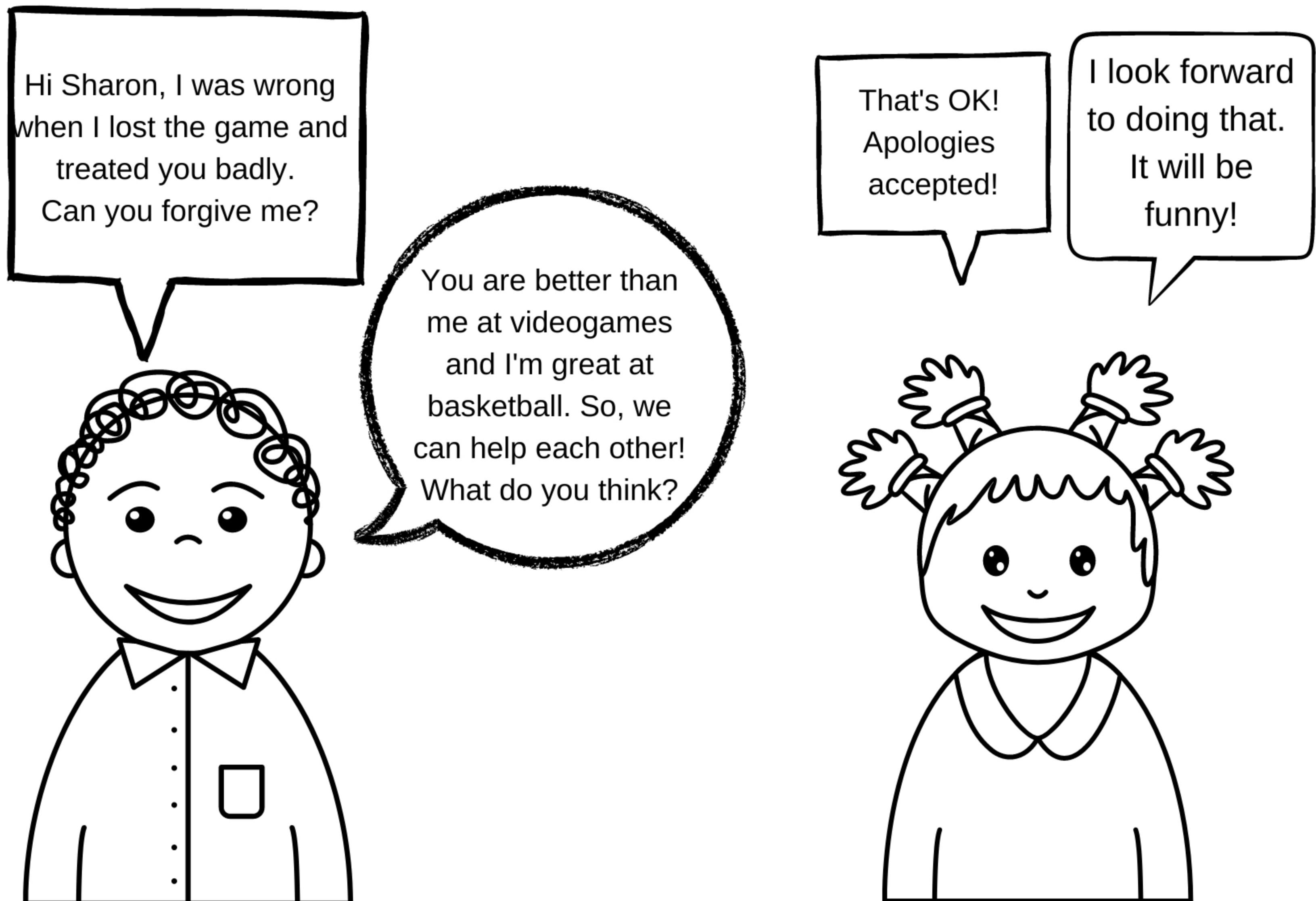


Admit when you're wrong and always look on the bright side

Admitting you're wrong connects you to your humanity, your integrity, and other people. It's a practice that builds self-confidence, self-awareness, and self-respect.

If you look on the bright side, you try to be cheerful about a bad situation by thinking of some advantages that could result from it or thinking that it is not as bad as it could have been.

Color the scenario below and reflect on events in your own life that seemed bad at the time, but that you now realize weren't as bad as they seemed.



BE A WINNER EVERY DAY